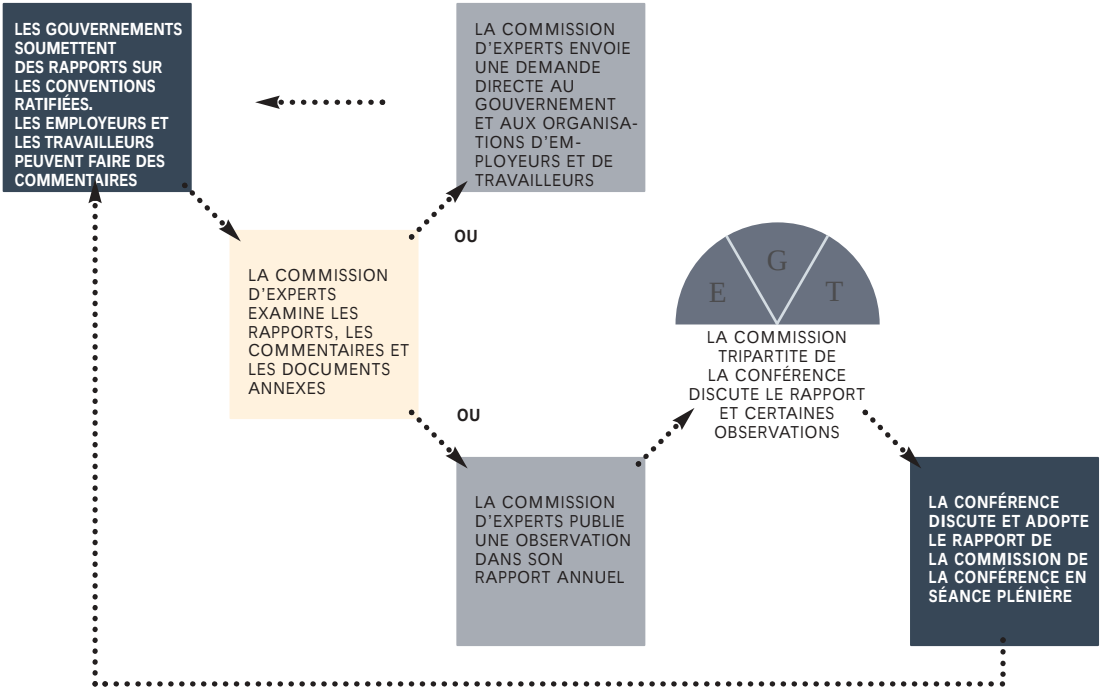Procédure de contrôle régulier